Bowel Cancer

1 in 15 men and 1 in 18 women are diagnosed with bowel cancer in their lifetime. It is the 4th most common type of cancer.

Bowel cancer can affect anyone at any age. It is more common as we get older but no-one should ignore worrying symptoms. Bowel cancer is treatable and curable if found and treated early.

**Symptoms:**
- Bleeding from your back passage/or blood in your poo
- Persistent change in bowel habits
- Unexplained weight loss
- Pain or lump in the tummy

**Risk Factors:**
- Aged over 50
- Strong family history of bowel cancer
- Previous polyps in your bowel
- Type two diabetes
- An unhealthy lifestyle

Bowel cancer screening

Bowel screening invites people over 60 years of age. The screening process is simple – an easy test on your poo that you can do at home in privacy. It looks for hidden blood in your poo. Just remember the earlier bowel cancer is diagnosed the easier it is to treat. If you still have worrying symptoms despite a normal screening, see your GP to get checked out.

Want to learn more?

Did you know here at Prince Charles Hospital we have produced a website for you!

[www.colorectaleducation.com](http://www.colorectaleducation.com)

Our aim is to show you what to expect from our dedicated specialists when you are referred by your GP for symptoms that could be bowel cancer.

The website consists of videos explaining every step patients go through whilst being investigated for symptoms of bowel cancer as well as previous patients sharing their experiences!

Please take a look and if you are worried or have any symptoms get yourself checked out by your GP.

If you have any queries about the website please contact; haray.academic@wales.nhs.uk